ROTHERHAM BOROUGH COUNCIL – REPORT TO MEMBERS

1.	Meeting:	Children and Young People's Scrutiny Panel	
2.	Date:	Friday 19 th November 2010	
3.	Title:	Primary School Lifestyle Survey 2009 (Borough Wide).	
		Appendix A – Executive Summary Primary Lifestyle Report 2009	
4.	Directorate:	Children and Young People's Services	

5. Summary:

The Lifestyle Survey is an annual survey, undertaken with both Primary and Secondary school pupils. Questions cover a range of issues, such as health, how pupils feel about school, how safe they feel, how pupils feel about the area in which they live, bullying, and how often they may smoke, drink or take drugs.

This report covers the Primary Survey 2009 and the attached Appendix A contains the Executive Summary.

The full borough wide report and the relevant data tables will be made available on the intranet. The Executive Summary will be made available on the Council website.

6. **Recommendations**:

That the Children and Young People's Services Scrutiny Panel receives this report.

7. Proposals and Details:

Purpose

The purpose of the Lifestyle Survey is to provide a voice for the children and young people of Rotherham and to use the results to inform service development and improvement in Children and Young People's Services, schools, NHS Rotherham and other partners.

Questionnaire Design and Methodology

The Primary Lifestyle Survey 2009 was open to all Rotherham's primary schools. The survey is undertaken via an online questionnaire on RGFL designed by the Learning Portal Development Team. A project group consisting of representatives from Children and Young People's Services, NHS Rotherham and Healthy Schools organised the design and implementation of the survey.

The primary survey period commenced on the 19th October and concluded on 18th December (extended to end of January 2010 due to closures due to snow).

15 schools took part and 572 pupils undertook the survey. Individual school reports and summaries have been produced for the schools who participated in the survey. The borough wide report, and the relevant data tables will be made available on the intranet, and the Executive Summary will be made available on the Council website.

Next Steps

- The Healthy Schools Team will be working with schools to look at the results of the survey and include them in their action plans.
- The findings were incorporated into the new Children and Young People's Plan.
- A newsletter will be produced to thank students for taking part and to feedback the main headline results, and a letter will be sent out to schools thanking them for their participation.
- The Executive Summary will be placed on the website and widely circulated and the findings will be promoted across all partner agencies. The full report and data tables will be placed on the intranet.
- We will monitor developments and results from national surveys and national indicators to enable us to compare and contrast data.

8. Finance

The financial costs for producing the primary survey for 2009 are:-

Production of the data approximately £462.

Costs are to be split between PCT (40%) and CYPS (60%). These figures do not include the substantial staff time taken to analyse the findings and write the reports.

9. Risks and Uncertainties

The number of surveys each school is asked to complete needs to be monitored in order to ensure there is no duplication and that schools are benefiting from the surveys they take part in.

10. Policy and Performance Agenda Implications

There is a need to ensure that the results are used to monitor or improve services for children and young people.

11. Equality and Diversity

53% of the pupils who took part in the survey were female and 47% male. The majority of pupils (90%), who took part in the survey considered themselves to be White British, followed by 7% who either preferred not to answer or who did not know their ethnicity, 2.5% from Other Black or Minority Ethnic groups and 0.5% Asian or Asian British. Analysis of the data is by gender and ethnicity. However, due to the low numbers of respondents in some of the categories of ethnicity, it is not always possible to draw conclusions from this analysis.

Some of the questions included in the survey relate to equality and diversity issues, such as community cohesion and bullying as a result of race or disability issues.

12. Background Papers and Consultation

Primary Lifestyle Survey Report 2009.

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Young People's Lifestyle Survey 2009

Executive Summary

Rotherham Wide Report for Primary School Pupils (Year 5)

June 2010



Executive Summary

The following is a summary of the main headlines that have emerged from the findings of the survey:

- The purpose of the Lifestyle Survey is to provide a voice for the children and young people of Rotherham and to use the results to inform service development and improvement in Children and Young People's Services, schools, NHS Rotherham and other partners.
- The individual results will be fed back to the schools participating in the survey. This will provide data that may highlight areas of success or concern and so enable them to target resources accordingly.
- The survey was undertaken in the Autumn term and commenced on the 19th October 2009 and concluded on 18th December 2009. However, due to the impact of school closures due to the snow the survey period was extended to the end of January 2010.
- Year 5 pupils in all Rotherham primary schools were invited to take part, and 15 schools participated.
- The survey was designed online by the Learning Portal Development Team and every participating school was sent the online link and also a pack containing instructions and letters for parents.

General

- In the 15 participating schools there was an 80% response rate to the survey.
- The pupils were predominantly 9 years old as the survey was undertaken in the Autumn term.
- 53% of the 572 Year 5 pupils who took part in the survey were female and 47% male.
- The majority of pupils (90%), who took part in the survey considered themselves to be from a White British ethnic group, followed by 7% who either preferred not to answer or who did not know their ethnicity, 2.5% from Other Black or Minority ethnic groups and 0.5% Asian or Asian British.

1. Be Healthy

1.1 Health

- 85% of pupils felt their health was "very good" or "good" (compared to 84% in 2008).
- There were more male pupils (48%) who felt that their health was "very good" compared to female pupils (37%).
- 13% felt their health was "okay" (14% in 2008) and 0.5%, or 3 pupils, felt their health was "not very good" (1% in 2008).

1.2 Food and Drink

- Overall 46% of pupils (42% in 2008) have the recommended 5 portions of fruit and vegetables every day.
- 13% of pupils said they eat fast food or takeaways "every or most days" this has decreased from 18% in 2008.
- 76% of pupils drink water every day this is a continuous improvement since 2007 when the percentage was 68%.

1.3 Activities and Fitness

- There has been an increase in the percentage of pupils who do sport and exercise with an adult from their family, 70% in 2009 compared with 63% in 2008 and 56% in 2007.
- 62% of all pupils said that they took part in 2 or more hours of organised sport or exercise, led by an adult outside of school lessons in the last week.

1.4 What you think and feel

- Pupils were asked to rate how they felt about a number of issues. The following percentages are related to what they felt "good" about:
 - 83% of pupils feel "good" about their home (79% in 2008),
 - 80% about their family (79% in 2008),
 - 78% about their friendships (71% in 2008),
 - 69% their school (64% in 2008),
 - 57% how they look (54% in 2008),
 - 55% their weight (48% in 2008), and
 - 55% school work (55% in 2008).
- Pupils were asked who they could talk their problems over with.
 - 86% of pupils felt they could talk problems over with an adult at home (82% in 2008).
 - 85% would talk to a friend (67% in 2008),
 - 74% a teacher (60% in 2008),
 - 64% another adult at school (42% in 2008),
 - 52% a sibling (47% in 2008),
 - 35% a learning mentor (22% in 2008), and
 - 29% a school nurse (15% in 2008).

1.5 Smoking, Drinking and Drugs

- 87% of pupils had "never" tried cigarettes compared to 88% in 2008 and more female than male pupils had "never" tried cigarettes. 21 pupils said they had tried smoking (compared to 30 in 2008) and 9 pupils (compared to 8 in 2008) said they smoked "every or most days".
- 51% of pupils had "never" tried alcohol compared to 60% in 2008. 37% had tried it once compared to 30% in 2008. 20 (4%) pupils (compared to 17 or 2% in 2008) said that they drink "every or most days".
- 19% of pupils stated that they had seen an illegal drug in the area where they live compared to 26% in 2008. 14 pupils (2%) stated that they had tried an illegal drug compared to 30 pupils (4%) in 2008.

2. Stay Safe

2.1 Bullying

- 57% of pupils stated that they had been bullied.
- The pupils who said they had been bullied indicated when they had been bullied. 39% had been bullied more than a year ago, 21% in the last year, 13% in the last six months and 24% in the last four weeks. This question has been

changed since last year therefore comparisons with previous surveys cannot be made.

2.2 Safety

- Overall, 45% of pupils "never" feel safe when out by themselves (46% in 2008).
- 37% "never" feel safe on local buses or trains (41% in 2008).
- 37% "never" feel safe in Rotherham Town Centre (this remains the same as in 2008).

3. Enjoy and Achieve

3.1 In School

- 35% of pupils "always" enjoy school and a further 34% do "most of the time". When the responses are split by gender 42% of female pupils "always" enjoy school compared to 27% of male pupils.
- 65% of pupils "always" try their best and a further 22% try their best "most of the time". When split by gender 74% of female pupils and 54% of male pupils "always" try their best at school.
- 27% of pupils "always" get good marks and 38% get good marks "most of the time". When split by gender 31% of female pupils "always" get good marks compared to 24% of male pupils.
- As in previous years "more fun and interesting lessons" was the top choice for what pupils thought would help them do better at school, followed by "help from teachers when needed" and "quieter and better behaved classes".

3.2 School Council

- 93% of pupils stated that they knew their school had a school council (compared to 94% in 2008).
- 65% of the pupils who knew about their school council also knew who their school representative was and 70% of those pupils felt that they got a chance to express their views to their representative.

4. Make a Positive Contribution

4.1 Out of School Activities

- The top three activities undertaken on "most or every day" is going out with or visiting friends followed by shopping and going out with or visiting family.
- When split by gender female pupils had shopping at the top of the list followed by out with or visiting friends whilst male pupils had out with or visiting friends first followed by going to a sports club or dance lesson.
- Pupils were asked about the length of time they spent on a variety of different activities after school. Results show that most pupils watch television, use a mobile, use the internet and play on games consoles between 1 and 2 hours per day.
- Most pupils said that they "never" undertook activities such as using MSN and chat rooms, while 25% use MSN for 1-2 hours per day (30% female pupils compared to 19% of male pupils).

4.2 Young Carers

- In 2009 pupils were asked if they considered themselves to be a young carer and 23% of all the respondents said that they were.
- 41% (133 pupils) of those who answered that they looked after someone "sometimes" or "every or most days" said that they were a young carer. This comprised of 36% of all female pupils and 46% of male pupils.
- In terms of who pupils look after, 34% looked after their mother, 15% a family member, 14% of pupils look after a sibling, 5% a friend of the family and 2% their father.
- 45 pupils knew about the Young Carer's Service compared to 71 in 2008 and 16 had attended the Young Carer's Service compared to 34 in 2008.

5. Achieve Economic Wellbeing

5.1 Your Local Neighbourhood, How Local Amenities are rated

- The top four amenities that pupils rated as good were: school 71% (66% in 2008), shops 58% (54% in 2008), sports and leisure facilities 57% (53% in 2008) and libraries 54% (54% in 2008).
- The places that pupils felt were easy to get to in the area where they lived were; school (76% compared to 68% in 2008), a bus stop (74% compared to 63% in 2008) and shops (67% compared to 63% in 2008).

5.2 Community Cohesion

- 37% of pupils felt that everyone mixed well together with few problems. When split by gender there was a difference with 42% of female pupils compared to 35% of male pupils choosing this statement.
- 4% of pupils felt that people from different groups did not get on well together and 16% of pupils did not answer this question.

Purpose, Questionnaire Design, Methodology and Analysis

The annual Primary Lifestyle Survey 2009 is an online questionnaire designed for Year 5 pupils in Rotherham schools. The primary survey is based on the survey undertaken in secondary schools which was originally designed to gain information about the health of young people but has been broadened to include questions regarding the perceptions of young people about different elements of their lives.

A constant aim is to increase the number of schools and pupils participating in the survey in order to give a voice to more young people and ensure the views gathered are representative.

The information gained is used to inform a number of different plans within the Children and Young People's Service, which will ultimately inform changes in our service delivery.

Purpose

The findings of previous annual surveys have contributed to the Priorities for children and young people in the current Children and Young People's Plan 2007-2010. The results from this survey were used to contribute to the production of the new Children and Young People's Plan.

The results will also be compared with the national TellUs survey and used to benchmark against the national picture. The Tellus4 survey was completed in Autumn 2009 by children and young people in Years 6, 8 and 10. In Rotherham 18 primary schools took part (571 pupils) and 4 secondary schools (667 pupils).

It will provide schools and other partners and agencies, for example NHS Rotherham, with information about where services could be improved and resources targeted. In addition it will also provide information on how effective the measures that have been taken are.

Questionnaire Design and Methodology

A project group consisting of representatives from Children and Young People's Services, NHS Rotherham and Healthy Schools were involved in the design and implementation of the survey. The survey was designed on RGFL by the Learning Portal Development Team (a word version can be seen in Appendix 1).

Sampling Frame

A total of 572 pupils completed the survey, giving an 80% response rate, which means the individual school data is representative. 572 out of a possible 2996 Year 5 pupils took part in the survey which overall gives a 19% response rate for all of Rotherham primary schools.

Year 5	Responses
School Name	No. of Respondents
Greasbrough Primary	26
Harthill Primary	22
Kiveton Park Meadows Junior	125
Ravenfield Primary	21
Rawmarsh Sandhill Primary	18
Rawmarsh Thorogate Junior	49
Rockingham Junior	38
St Alban's Primary	29
St Gerard's Catholic Primary	17
St Thomas C of E Primary	6
Swallownest Primary	18
Swinton Brookfield Primary	81
Swinton Fitzwilliam Primary	48
Wath Central Primary	41
Wickersley Northfield Primary	33
Brinsworth Howarth Primary	Problems with I.T. prevented these
Kilnhurst Primary	schools from taking part.
Kimberworth Community Primary	
St Ann's Junior	
Total	572

Figure 1. Table to show schools that participated in the survey.

The schools that participated represented the seven area assemblies/localities as follows:

School Name	Area Assembly/Locality
Harthill Primary School	Rother Valley South
Kiveton Park Meadows Junior School	147 pupils
Swallownest Primary School	Rother Valley West 18 pupils
Greasbrough Primary School	Rotherham North
Rockingham Junior and Infant School	64 pupils
	Rotherham South 0 pupils
St Thomas C of E Primary School	Wentworth North
Swinton Brookfield Primary School	176 pupils
Swinton Fitzwilliam Primary	
Wath Central Primary	
Ravenfield Primary school	Wentworth South
Rawmarsh Sandhill Primary	105 pupils
Rawmarsh Thorogate Junior and Infant School	
St Gerard's Catholic Primary School	
St Alban's Primary School	Wentworth Valley
Wickersley Northfield Primary School	62 pupils

Although, twenty-five schools accessed the survey, 19 completed it, four had technical problems that could not be resolved and the remainder of the schools, who planned to complete the survey, were affected by the school closures due to snow. Despite this, due to a higher percentage of questions being answered by pupils than in previous surveys the sample was more representative for the schools that took part. In the future we plan to offer schools that have technical problems completing the survey online the option of completing a paper version of the survey.

Conclusion

The information contained in the report will be reported to the Directorate Leadership Team, Cabinet Member and Advisors, the Safer Rotherham Partnership, the Local Strategic Partnership, Children's Board, CYPS Strategic Partnership, NHS Professional Executive Committee and Youth Cabinet. The findings will be used to contribute to the review of the Children and Young People's Plan and other plans.

The Project Team will identify and act on what worked well and what did not work organisationally. In addition, a detailed study will be made of whether all the questions were asked in the best way and after consultation any changes will be fed into the next survey. The findings will be widely promoted across all partner agencies and actions taken as a result of the findings will be reported on.

All schools that have participated in the survey have been provided with a report which highlights their results individually and in comparison to the Rotherham average. This provides an overview of how well they are performing in particular areas and whether or not they need to target resources to address particular areas of concern. It is important to feedback to the participants of the survey, therefore a newsletter will be produced to thank students for taking part and to feedback the main headline results.

The survey was successfully undertaken on the Rotherham Grid for Learning, however, there remain some schools that have problems accessing the survey as their IT systems are not compatible. This is something that will need to be addressed in the future and may mean a small number of schools will be given the opportunity to complete the survey using a paper version which is then input centrally on their behalf. In addition the substantial analysis needs of the survey will need to be secured within Children and Young People's Services in order to guarantee the results can be produced efficiently and to timescales.

Recommendations for Future Lifestyle Surveys

The Lifestyle Survey has grown in terms of the number of questions and the number of schools that can take part and this growth is set to continue. However, there are risks associated with this growth. There needs to be sufficient resources allocated not just to plan, undertake and analyse the survey, but also to promote it in school and services, follow up trends with additional research and to follow up actions that are taken in response to the results.

Where possible comparisons have been made with previous survey results, but for a small number of questions this has not been possible due to changes in the way the questions have been asked. It is therefore recommended that key questions are not altered in this way. However, the survey will continue to be responsive to changing issues and will retain the flexibility to introduce new questions and responses, such as the need to include cyber bullying as an option in future surveys.

As a result of changes in the Healthy Schools programme, future Lifestyle Surveys will need to reflect changes in the information that schools require in order to complete their self evaluation. Consequently, the secondary lifestyle survey has had a major rewrite and has been launched in Summer 2010. These changes will be included in the Primary Survey in Autumn 2010.

This report will be available on the Intranet and the individual school reports will be accessible only to each school. Pupils will also receive a feedback newsletter letting

them know the borough wide results. The Healthy Schools Team will be working with schools to look at the results of the survey and include them in their action plans.

TELLUS5 survey of children and young people

The Government has decided to stop the delivery of the Tellus Survey as part of its commitment to reduce the burdens which data collection imposes on schools and local authorities. The decision is with immediate effect, which means the Tellus5 survey will not be delivered as planned in the Autumn Term.

Information from the TellUs surveys is used to inform the national indicators and this will no longer be available, therefore consideration needs to be given to including relevant questions in future lifestyle surveys.

In addition information from the Lifestyle Survey has been used to benchmark against the national indicators listed below:

- NI 50: Emotional Health and Well-Being Children and Young People User Perception
- NI 69: Percentage of Children Who Have Experienced Bullying
- NI 110: More Participation in Positive Activities
- NI 115: Reduce the Proportion of Young People frequently using Illicit Drugs, Alcohol or Volatile Substances
- NI 199: Children and Young People's Satisfaction with Parks and Play Areas

A future action for the Lifestyle Survey Project Group will be to consult with the Directorate Leadership Team and other colleagues regarding any additional questions for the Lifestyle Survey, now that TellUs has ended.

Young People's Lifestyle Survey (Questions for Primary Schools) 2009

Welcome to this year's Lifestyle Survey. In this survey we are trying to find out about:

- what you think about being healthy

- the kinds of things you like to do

- what matters to you

Please answer the questions as honestly as you can and do not share your answers with your friends or classmates. All answers will be confidential. Your teachers and parents will not see what you have put. There are no right or wrong answers.

There are links and information at the end of the survey which relate to some of the sections. If any of the questions cause you concern please speak to your teacher, learning mentor, school nurse or another adult in school.

Question	Option
ABOUT YOU AND YOUR SCHOOL	
1. I am: (Mandatory)	Male
	Female
Enter the name of your school:	Preset
2. I live in:	LIST
3. I am: (Mandatory)	Asian or Asian British Black or Black British Chinese Multiple Heritage Yemeni Other Ethnic Group Prefer not to answer White or White British Gypsy or Traveller Don't Know
4. My health is:	Very good Good Ok Not very good

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Question	Option
FOOD AND DRINK	This part is about the food that you eat.
5. I eat 5 portions of fruit and vegetables	Yes
per day	No Don't know
	POP UP: 5 a day Information
6. l eat:	Never
(allow one tick only per row)	Once a week
Fruit	Every or most days
Vegetables	
Bread (brown, white, chapattis etc)	
Crisps/savoury snacks	
Biscuits and cakes	
Chocolate or other sweets Red meat (beef, lamb, pork)	
White meat or fish (chicken, turkey or	
haddock)	
Sausages, burgers and chicken nuggets	
Rice or pasta	
Vegetarian food like soya, quorn, tofu or	
pulses	
Fast food and takeaways (fish and chips,	
chinese, pizza, curry, burger meals) 7. I drink: (allow one tick only per row)	Never
Fruit drinks e.g. squash	Once a week
Milk	Every or most days
Fizzy pop	
Fruit juice (pure fruit juice not Sunny D or	
squash)	
Tea or coffee	
Water8. On a school day, I have my breakfast:	At home
(allow one tick only)	On the way to school
	At a breakfast club
	At another house e.g. childminders or
	grandparents
If "I don't have breakfast" is ticked the	I don't have breakfast*
following question does not appear.	
9. Most often for breakfast I have:	Cereal with milk/porridge (not cereal bars)
(allow one tick only)	Fruit or yoghurt Toast
	Something cooked
	Snack, cereal bars, crisps, chocolate
	biscuits
	Only a drink

Question	Option
ACTIVITIES AND FITNESS	This part is about your physical activity and fitness. For purposes of this survey physical activity includes not only sport and exercise (both in school and out of school), but things like walking to school, playing games at lunchtime at school, walking the dog, gardening and skateboarding.
10. Please tell us the kinds of things you like to do, tick as many activities as appropriate:	Swimming Football Cricket Rugby Netball Hockey Basketball Competitive team games Riding your bike Skateboarding/roller blading/ skating Gardening Walking or walking the dog Martial Arts – Karate/Judo Kick Boxing Horse riding Racket sports (tennis/badminton/table tennis) Keep fit/ dancing /exercise/gymnastics/ cheerleading Athletics/ jogging/ running Golf
11. In the last week have you done 2 or more hours of organised sport or exercise led by an adult outside of school lessons?	Yes No
12. The times I do physical activities are: (allow one tick only per row) Before school starts At play times At lunch times After school In lesson time At a lunchtime club At an after school club Out of school (evening or weekends) At organised clubs out of school (evenings or weekends)	Never Sometimes Every or most days
 13. Do you do sport and exercise with an adult from your family? 14. To do more physical activity I would need: (please tick as many as you like) 	Yes No More time A leisure centre/ swimming pool nearby More money An adult to take me More clubs after school (ie football, netball)

17	Option
Question	Option
IN SCHOOL	This part of the survey is about your school.
15. Your opinions (allow one tick only	Never
per row)	Sometimes Most of the time
I enjoy school	
I get good marks/reports at school I try my best at school	Always
16. What would help you do better at	Yes/Agree
school?	No/Don't Agree
Help from teachers when I need it	
More fun/interesting lessons	
A quieter/better behaved class/group	
Smaller classes/groups	
Fewer bullies	
More help from family/friends (e.g. with	
homework)	
17. Does your school have a School	Yes
Council?	No
If 'YES' is ticked 2 supplementary questions	Don't Know
to appear.	Yes
18. Do you know who your School	No
Council representative is?	
19. Do you get a chance to give your	Yes
view/opinion to your school council	No
representative?	
OUT OF SCHOOL	This section asks you about the things you do out of school and the people you see.
20. Out of school I go: (allow one tick	Never
only per row)	Sometimes
Out with friends or visiting friends	Every or most days
Out with family or visiting family	, , , , , , , , , , , , , , , , , , ,
To the cinema	
To the cinema To a religious meeting To amusement arcades	
To the cinema To a religious meeting To amusement arcades To the theatre	
To the cinema To a religious meeting To amusement arcades To the theatre To art galleries or museums	
To the cinema To a religious meeting To amusement arcades To the theatre To art galleries or museums To the library	
To the cinema To a religious meeting To amusement arcades To the theatre To art galleries or museums To the library To a music or drama lesson	
To the cinema To a religious meeting To amusement arcades To the theatre To art galleries or museums To the library To a music or drama lesson To a sports club or dance session	
To the cinema To a religious meeting To amusement arcades To the theatre To art galleries or museums To the library To a music or drama lesson To a sports club or dance session To Brownies, Guides, Scouts, First Aid	
To the cinema To a religious meeting To amusement arcades To the theatre To art galleries or museums To the library To a music or drama lesson To a sports club or dance session To Brownies, Guides, Scouts, First Aid To a youth club/Young People's Centre	
To the cinema To a religious meeting To amusement arcades To the theatre To art galleries or museums To the library To a music or drama lesson To a sports club or dance session To Brownies, Guides, Scouts, First Aid To a youth club/Young People's Centre Shopping	
To the cinema To a religious meeting To amusement arcades To the theatre To art galleries or museums To the library To a music or drama lesson To a sports club or dance session To Brownies, Guides, Scouts, First Aid To a youth club/Young People's Centre Shopping To playgrounds, parks and country parks	
To the cinema To a religious meeting To amusement arcades To the theatre To art galleries or museums To the library To a music or drama lesson To a sports club or dance session To Brownies, Guides, Scouts, First Aid To a youth club/Young People's Centre Shopping To playgrounds, parks and country parks To a voluntary service/group in the	
To the cinema To a religious meeting To amusement arcades To the theatre To art galleries or museums To the library To a music or drama lesson To a sports club or dance session To a sports club or dance session To Brownies, Guides, Scouts, First Aid To a youth club/Young People's Centre Shopping To playgrounds, parks and country parks To a voluntary service/group in the community	
To the cinema To a religious meeting To amusement arcades To the theatre To art galleries or museums To the library To a music or drama lesson To a sports club or dance session To a sports club or dance session To Brownies, Guides, Scouts, First Aid To a youth club/Young People's Centre Shopping To playgrounds, parks and country parks To a voluntary service/group in the community To other community involvement projects	
To the cinema To a religious meeting To amusement arcades To the theatre To art galleries or museums To the library To a music or drama lesson To a sports club or dance session To a sports club or dance session To Brownies, Guides, Scouts, First Aid To a youth club/Young People's Centre Shopping To playgrounds, parks and country parks To a voluntary service/group in the community	
To the cinema To a religious meeting To amusement arcades To the theatre To art galleries or museums To the library To a music or drama lesson To a sports club or dance session To a sports club or dance session To Brownies, Guides, Scouts, First Aid To a youth club/Young People's Centre Shopping To playgrounds, parks and country parks To a voluntary service/group in the community To other community involvement projects To take part in singing	
To the cinema To a religious meeting To amusement arcades To the theatre To art galleries or museums To the library To a music or drama lesson To a sports club or dance session To Brownies, Guides, Scouts, First Aid To a youth club/Young People's Centre Shopping To playgrounds, parks and country parks To a voluntary service/group in the community To other community involvement projects To take part in singing To play a musical instrument	
To the cinema To a religious meeting To amusement arcades To the theatre To art galleries or museums To the library To a music or drama lesson To a sports club or dance session To a sports club or dance session To Brownies, Guides, Scouts, First Aid To a youth club/Young People's Centre Shopping To playgrounds, parks and country parks To a voluntary service/group in the community To other community involvement projects To take part in singing To play a musical instrument To live events	

18	
Question	Option
(allow one tick only per row) I watch television/DVDs/ videos for I use my mobile phone for I use the internet for I use chat rooms for I play on games consoles for I use MSN I use free internet access in your local library	1-2 hours 3-4 hours 5-6 hours +
22. Out of school:	Never
I look after children (e.g. brothers and sisters who are ill or disabled) *	Sometimes* Every or most days*
I look after an ill or disabled older person (e.g. parent or grandparent) *	
If "sometimes" or "every or most days" is ticked the following supplementary questions to appear	
23. Do you consider yourself to be a young carer?	Yes No Text on screen : We are asking these questions because we want to arrange services to give help and support to young people who care for others. In order to do this we need to have an idea about the number of young people this affects and the possible impact this has on their lives.
24. Who do you look after?	POP UP: Young Carer Information Mum Dad Brother/Sister
	Friend of the family Other family member
25. Do you know about the Young Carer's Service? If Yes – supplementary question below	Yes No
26. If you do care for someone you can be called a "young carer". Have you ever attended the Young Carers Service?	Yes No
27. Which adult could you talk to about being a young carer?	A Teacher Learning Mentor Youth Worker Social Worker School Nurse GP

19		
Question	Option	
WHAT YOU THINK AND FEEL	This section talks about the things you feel good about and the things that worry you.	
28. This is how I usually feel about: (allow one tick only per row)	Good OK	
How I look My weight My family My home My friends My school work My school	Not very good	
29. I feel that I could talk any problems over with:	Yes No	
An adult at home My brother or sister A school nurse A learning mentor A friend A teacher Another adult at school		
BULLYING	What is bullying? It isdeliberate hurtful behaviour which is repeated often over a period of time and is difficult for the person being bullied to stop it.	
30. Have you been bullied?	Yes	
If "yes" the following supplementary questions to appear.	No	
31. Were you bullied:	More than a year ago In the last year In the last six months In the last four weeks	
32. Have you ever experienced any of the following?		
Have you ever been called names or been talked about?	Yes/No	
Have you ever been pushed or hit? Have you ever been bullied by being ignored?	Yes/No Yes/No	
Have you ever been bullied because of your race?	Yes/No	
Have you ever been bullied because of a disability?	Yes/No	
Anything else (eg nasty messages by mobile phone)	Yes/No	
33. Did you report it?	Yes/No	
34. Did you get help?	Yes/No	

20 Question	Option
35. In the last 4 weeks have you	Yes
witnessed someone being bullied?	No
36. In the last 4 weeks have you been	Yes
involved in bullying anyone?	No
SAFETY	This part of the survey is about your safety.
37. I usually feel safe when I am: (allow one tick only per row)	Never Sometimes
In the class	Often
In the playground	
In the cloakroom	
Out with friends	
At home In Rotherham town centre	
On the way to or from school	
Out by myself	
On local buses or trains	
SMOKING, DRINKING AND DRUGS	This section is about tobacco, alcohol and some other drugs.
38. Have you smoked cigarettes? (allow	Never
one tick only)	Tried it
If "Smoke every or most days" is ticked	Smoke every or most days*
supplementary questions appear.	
39. Where do you get your cigarettes	Local shops
from?	Supermarkets From family
	From friends
	Other
40. Is your home smoke free?	Yes
	No
41. Have you ever tried alcohol? (allow one tick only)	Never Tried it
one tick only)	Drink every or most days*
If "Tried it" or "Drink every or most days" is	
ticked supplementary questions appear. 42. Have you tried any of the following	Reer or Lager
drinks?	Beer or Lager Cider
	Alco pops
	Wine
	Spirits (vodka, gin, whisky)
43. Have you ever seen an illegal drug in the area where you live?	Yes No
uie alea wiiele you live?	Don't know
44. Have you ever tried an illegal drug?	Yes
	No
	Don't know

Question	Option
YOUR LOCAL NEIGHBOURHOOD	This part of the questionnaire asks you about the area where you live.
45. Think about the facilities in your area. How good are they? (allow one tick only per row) Parks and playgrounds Libraries Sports and leisure facilities The bus service Your school Shops What your area looks like Skate parks Museums Theatres	Good OK Not very good Don't know Not applicable
46. From your house, how easy or hard is it for you to get to these (allow one tick per row)	Easy Ok Difficult
Shops Parks and playgrounds Country Parks (e.g. Ulley, Thrybergh, Rother Valley) A bus stop A sports centre A swimming pool A library A school	
47. What other things in Rotherham would you like to see for young people?	Free text box
48. Which of the following statements best describe the way in which people get on with people from different backgrounds in your area: (allow one tick only)	Everyone mixes well together with few problems People generally mix okay but there are some problems Different groups keep themselves to themselves but there are few problems People from different groups do not get on
	There are no people in my area from different backgrounds